## Flight range Of Willow warbler (Phylloscopus trochilus)

Lean mass of Willow warbler 8.5g Wing Span 190mm

Observations indicate a loss of 2.5 fat units during migration 🡪 mass change of 0.3g

On arrival mass increases by 0.4g/day

Williams & Butterfield??

Migration settling time is about 1.5 days; an extra 0.8g of fat would allow a further migration of 350km flight (still air figures).